



## **WEEK 3. DAY 11**

## Small change, big difference

## **ACTION PLAN**

Can you remember learning to play an instrument or to drive a car? At first it was hard, but over time it became easier and nearly second nature. Now, you can do it without thinking.

Wouldn't it be great if managing our money was like this!

The questions below will help get you started. We've included an example response - just in case you get stuck.

- 1. What is one aspect of your finances that you would like to attend to? (I'd like to sort out my superannuation)
- 2. What is your goal for this area?

(My goal is to know how much super I have and where it is)

3. How important on a scale of 1 to 10 is it to reach this goal?

(About 8, I can make it a 10 knowing that once it's organised - I will find some peace of mind)

**4.** What might stop you from reaching this goal?

(Being lazy)

**5.** What can you do to get around this obstacle?

(Book it in my diary and do this on Tuesday lunch time)

6. What can you do this week to reach your goal?

(Ring my super fund and look for lost super)







Reflect	Think about a specific time when you were organised with your money. How did that feel?
Respond	Join us on our Facebook group (Be The Boss Online Course) and let us know what your goal is.
(j) Remember	Small steps make a difference. They may not feel big at the time but they all add up.
So deeper	We used the work of writer James Clear to help create this week's videos and action plans.  You can check out his work here: jamesclear.com/habits